

## Tips for Trail Help

- Station yourself by the trail that the dogs will be going on not a side trail. The dogs will “follow” you!
- When holding a team with the sled brake, make sure you do not let go of the brake until the musher is securely in control of the sled again. (It is recommended that the driver untangle or move dogs. As trail help, you can expect to hold the sled unless the driver asks you to do otherwise, i.e., “steer” or lead the team back onto the trail or around an obstacle, such as another team.)
- Unless requested to do so, do not rush at a team or a sled dog, i.e. the leaders, in order to stop them. Many are shy and will head away from your charge. Approach slowly.
- Be aware that these dogs are well trained and strong. Do not underestimate their strength!
- If on a snowmobile, do not pass a team at speed. Many dogs are shy of snowmobiles. Your speed on a snowmobile could be an accident waiting to happen. Slow down around any team of dogs.
- Don’t move; stay as still as you can as a team approaches. Get low and spread your arms if you are blocking an “offshoot trail” before the team gets close.
- Be silent. Speak only if needed.







